INTRODUCTION

Open Platform for Clinical Nutrition (OPEN) is a web-based application supporting dietitians and patients with dietary assessment and diet planning. It is based on national food composition data and translates the results in an illustrative and user-friendly fashion to improve understanding.

FEATURES

- Relies on evidence-based dietary recommendations
- Ensures repeatability and validity of measures
- Supports food indexing in LanguaL and FoodEx (EFSA)
- Online dietitian-patient interaction.

APPLICATIONS

- Relies on evidence-based dietary recommendations
- Ensures repeatability and validity of measures
- Used in Slovenian clinical settings and research projects

BASIC FUNCTIONS

Nutritional screening

Food & activity tracking

Analysis & reports

Diet planning

Food frequency questionnaires

YOUR PARTICIPATION

EuroFIR AISBL and EFAD have supported development of OPEN; dietitians are welcome to get involved in further development of the application (Contact: barbara.korousic@ijs.si)

This work was performed in part on behalf of EuroFIR-Nexus and DIETS2, which were funded under the EU 6th and 7th Frameworks, and LLL Programmes, respectively.